

*Celebration of
National Nutrition Month
September, 2020*

Organized by
Department of Nutrition
Prabhat Kumar College, Contai
College with Potential for Excellence (under UGC XJJ Plan) and Re-accredited by NAAC

DATE: 21st September, 2020

TIME: 4.00 pm to 6.30 pm

PROGRAM PLATFORM: Google Meet

ABOUT NATIONAL NUTRITION MONTH

National Nutrition Month (NNM) is celebrated across the India. During this occasion, each year emphasis is given on different areas of Food, Nutrition, Health & Dietetics to create and enhance general awareness among the people. Before 2019, each year we use to celebrate National Nutrition Week (1st to 7th September). But from 2019, Government of India announced the entire month of September as National Nutrition Month. This month is now also well known by “Poshan Maah”.

In this year (2020), the area of focus is two major activities:

- **Identification and tracking of children with Severe Acute Malnutrition (SAM)**
- **Plantation drive for promotion of kitchen garden under “POSHAN KE LIYE PAUDHE”**

PRESIDENT

Dr. Amit Kumar De
Principal
Prabhat Kumar College, Contai

SPEAKERS

TEACHERS OF DEPARTMENT OF NUTRITION (Prabhat Kumar College,Contai)

- Manjushree Bera (Assistant Professor)
- Dipika Das (Assistant Professor)
- Shyam Sundar Ray (SACT)
- Suprakash Pradhan (SACT)
- Suchismita Jana (SACT)
- Joyita Mitra (SACT)

PARTICIPANTS: UG Students (Both Honours & General)

EVENTS AT A GLANCE

EVENT 1

E – NUTRI QUIZ COMPETITION

THEME:

- Different fields of Nutrition & General Awareness

JOINT CONVENERS

Manjushree Bera
Assistant Professor
Department of Nutrition
Prabhat Kumar College, Contai

Suchismita Jana
SACT
Department of Nutrition
Prabhat Kumar College, Contai

EVENT 2

HANDMADE POSTER COMPETITION ALONG WITH ORAL PRESENTATION

THEME:

- Children with Severe Acute Malnutrition (SAM)
- Promotion of Kitchen Garden under “POSHAN KE LIYE PAUDHE”

JOINT CONVENERS

Dipika Das
Assistant Professor
Department of Nutrition
Prabhat Kumar College, Contai

Suprakash Pradhan
SACT
Department of Nutrition
Prabhat Kumar College, Contai

EVENT 3

E - SLOGAN MAKING COMPETITION

THEME:

- Promotion of Kitchen Garden under “POSHAN KE LIYE PAUDHE”

JOINT CONVENERS

Shyam Sundar Ray
SACT
Department of Nutrition
Prabhat Kumar College, Contai

Joyita Mitra
SACT
Department of Nutrition
Prabhat Kumar College, Contai

PROGRAM SCHEDULE

<u>TIME</u>	<u>EVENT</u>
4.00 pm – 4.15 pm	Inaugural Session
4.15 pm – 4.20 pm	Speaker 1: Suchismita Jana
4.20 pm – 4.25 pm	Speaker 2: Manjushree Bera
4.25 pm – 4.30 pm	Announcement of Initiation of E – Nutri Quiz 2020
4.30 pm – 4.35 pm	Speaker 3: Dipika Das
4.35 pm – 4.40 pm	Speaker 4: Suprakash Pradhan
4.40 pm – 5.20 pm	Initiation of Handmade Poster Competition along with Oral Presentation
5.20 pm – 5.25 pm	Speaker 5: Shyam Sundar Ray
5.25 pm – 5.30 pm	Speaker 6: Joyita Mitra
5.30 pm – 5.45 pm	Announcement of results of E – Slogan Competition along with winner's E – Slogan
5.45 pm – 6.00 pm	Announcement of results of Handmade Poster Competition along with Oral Presentation
6.00 pm – 6.15 pm	Vote of Thanks